



Communities *for* Kids

T E M P E

A Project of Tempe/Kyrene Communities In Schools

Mission

To ensure that Tempe is organized, prepared, and committed to providing the resources and support families need to raise healthy children with cognitive, social, emotional, and physical competence, and the confidence for school and lifelong success.

Vision

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Partnerships

Tempe/Kyrene Communities In Schools, City of Tempe, Tempe Elementary Schools, Association for Supportive Child Care, Tempe St. Luke's Hospital, & the Arizona Community Foundation

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Tempe
Community
Council

Parenting Tips

Children begin to learn when they are born. It is important as a loving parent to help your child learn. You do not have to buy new toys or spend money to help your baby learn. For example, look in the mirror, or touch different things like cotton and fur.

- ◆ Use all five senses when you play with your child: **touch**, look, taste, ☐ **hear**, and smell
- ◆ Talk and play with your baby. For example, ask "Where is your nose?" Then touch your baby's nose.
- ◆ Talk to your baby about what you do everyday. For example, say "mommy is making cereal for breakfast" or "daddy is changing your diaper."

Your Baby's Brain

New research shows a child's brain develops in the first few years of life. From birth to age 5, children are learning the language, thinking, and developing physical and emotional skills that they will need for the rest of their lives.

FACT

- ◆ 90% of the brain's growth happens from birth to five years.

Age ☐ Ways to Play with Your Child at Home

- 0-1 ☐ ◆ Sing songs and clap your hands.
 - ☐ ◆ Let your baby touch and listen to pots, pans, spoons, ☐ ☐
 - ☐ boxes or plastic containers.
 - ☐ ◆ Dance with your baby.
- 2-3 ☐ ◆ Put a sock on your hand to make a puppet and talk to your baby.
 - ☐ ◆ Give your child a large empty box to push around in the room.
 - ☐ ◆ Cover a table with a sheet to make a playhouse.
- 4-5 ☐ ◆ Let your child help do laundry or set the dinner table.
 - ☐ ◆ Let your child hear you say "please" and "thank you" to others.
 - ☐ ◆ Give your child different kinds of paper and markers to write.

Sponsored by Tempe Community Council on behalf of the City of Tempe

